

## Affordable Transportation Options to Meet Your Health Care Needs

# Northern Health Connections Route Schedule

| Prince George / Vancouver                        |        |         | Route 1  |        |         |
|--|--------|---------|--|--------|---------|
| Departs Prince George Sun** / Tues** / Thurs**   |        |         | Departs Vancouver Tues* / Thurs* / Sat*          |        |         |
|  | Arrive | Depart  |  | Arrive | Depart  |
| Prince George (UHNBC / KL)                       |        | 8:00 am | Vancouver (1100 Granville St-Corner of Helmcken) |        | 8:00 am |
| Hixon (Race Trac Gas)                            | 8:40   | 8:45    | Abbotsford (Hospital Emerg)                      | 8:55   | 9:00    |
| Quesnel (Hosp. Parking)                          | 9:30   | 9:45    | Chilliwack (Husky Station)                       | 9:30   | 9:35    |
| Kersley (Alamo Grill)                            | 9:50   | 9:50    | Hope (McDonalds)                                 | 10:00  | 10:05   |
| Williams Lake (Tim Hortons))                     | 11:00  | 11:15   | Cache Creek (Husky)                              | 13:00  | 14:00   |
| 150 Mile (Husky)                                 | 11:25  | 11:30   | Clinton (Cariboo Lodge)                          | 14:15  | 14:15   |
| 108 Mile (Visitor info)                          | 11:45  | 11:45   | 100 Mile (Visitor info)                          | 15:10  | 15:15   |
| Lac La Hache (Hungry Bear Diner)                 | 11:50  | 11:50   | Lac La Hache (Hungry Bear Diner)                 | 15:40  | 15:40   |
| 100 Mile (Visitor Info)                          | 12:15  | 12:20   | 108 Mile (Service Station)                       | 15:45  | 15:45   |
| Clinton (Cariboo Lodge)                          | 12:50  | 12:55   | 150 Mile (Husky)                                 | 15:55  | 15:55   |
| Cache Creek (Husky)                              | 13:00  | 14:00   | Williams Lake (McDonalds)                        | 16:20  | 16:30   |
| Hope (McDonalds)                                 | 17:00  | 17:30   | Kersley (Alamo Grill)                            | 17:35  | 17:35   |
| Chilliwack (Husky Station)                       | 18:00  | 18:15   | Quesnel (Hosp. Parking)                          | 17:55  | 18:00   |
| Abbotsford (Hospital Emerg)                      | 18:30  | 18:35   | Hixon (Race Trac Gas)                            | 18:40  | 18:40   |
| Vancouver (1100 Granville St-Corner of Helmcken) | 19:30  |         | Prince George (UHNBC / KL)                       | 19:30  |         |

\* Bus TO Prince Rupert departs the following morning  
 \*\* Bus FROM Prince Rupert connects from previous day  
 > Abbotsford pickup is at Emergency Exit, to the left just past where the ambulances park

| Quesnel / Prince George    |        |        | Route 1Q                      |        |        |
|----------------------------|--------|--------|-------------------------------|--------|--------|
| Departs Quesnel Tuesday    |        |        | Departs Prince George Tuesday |        |        |
|                            | Arrive | Depart |                               | Arrive | Depart |
| Quesnel (Hosp. Parking)    |        | 8:00   | Prince George (UHNBC / KL)    |        | 16:30  |
| Hixon                      |        | 8:45   | Hixon                         | 17:15  |        |
| Prince George (UHNBC / KL) | 9:30   |        | Quesnel (Hosp. Parking)       | 18:00  |        |

| Prince George / Prince Rupert                     |        |         | Route 2  |        |         |
|---|--------|---------|--|--------|---------|
| Departs Prince George Sun** / Mon / Wed** / Fri** |        |         | Departs Prince Rupert Mon* / Wed* / Thurs / Sat* |        |         |
|   | Arrive | Depart  |  | Arrive | Depart  |
| Prince George (UHNBC / KL)                        |        | 8:00 am | Prince Rupert (Hospital)                         |        | 8:00 am |
| Vanderhoof (Hospital)                             | 9:15   | 9:20    | Port Edwards (General Store)                     |        | 8:15    |
| Fraser Lake (Clinic)                              | 10:05  | 10:10   | Terrace (Hospital, Park Avenue Medical Centre)   | 9:50   | 10:00   |
| Burns Lake (Town Pantry)                          | 11:00  | 11:05   | Kitwanga (Petro)                                 |        | 11:05   |
| Topley (Country Grill)                            |        | 11:35   | Gitsegukla                                       |        | 11:15   |
| Houston (Health Centre)                           | 12:00  | 12:05   | Hazelton (Hospital)                              | 11:45  | 11:50   |
| Telkwa (Race Trac Gas)                            |        | 12:35   | Witset (Gas Bar)                                 |        | 12:30   |
| Smithers (Hospital)                               | 13:00  | 14:00   | Smithers (Hospital)                              | 13:00  | 14:00   |
| Witset(Gas Bar)                                   |        | 14:30   | Telkwa (Race Trac Gas)                           |        | 14:20   |
| Hazelton (Hospital)                               | 14:55  | 15:00   | Houston (Health Centre)                          | 14:50  | 14:55   |
| Gitsegukla  |        | 15:30   | Topley (Country Grill)                           |        | 15:15   |
| Kitwanga (Petro)                                  |        | 15:40   | Burns Lake (Town Pantry)                         | 15:50  | 15:55   |
| Terrace (Hospital, Park Avenue Medical Centre)    | 17:00  | 17:10   | Fraser Lake (Clinic)                             | 16:45  | 16:50   |
| Port Edwards (General Store)                      |        | 18:45   | Vanderhoof (Hospital)                            | 17:30  | 17:45   |
| Prince Rupert (Hospital)                          | 19:00  |         | Prince George (UHNBC / KL)                       | 19:00  |         |

\* Bus connects To Vancouver next morning  
 \*\* Bus connects FROM Vancouver from previous day  
 > Bus only goes into Hazelton if passengers are booked on the bus

| Prince George / Fort St John        |        |         | Route 3A-B                        |        |         |
|-------------------------------------|--------|---------|-----------------------------------|--------|---------|
| Departs Prince George Sun** / Thurs |        |         | Departs Fort St. John Tues / Sat* |        |         |
|                                     | Arrive | Depart  |                                   | Arrive | Departs |
| Prince George (UHNBC / KL)          |        | 8:00 am | Ft St John (Hospital)             |        | 8:00 am |
| Mackenzie Junction                  |        | 10:00   | Taylor (Esso)                     |        | 8:15    |
| Mackenzie (Hospital)                | 10:30  | 10:40   | Dawson Creek (Hospital)           | 9:00   | 9:10    |
| Chetwynd (Hospital)                 | 12:55  | 13:25   | Chetwynd (Hospital)               | 10:30  | 11:00   |
| Dawson Creek (Hospital)             | 14:45  | 14:55   | Mackenzie (Hospital)              | 13:15  | 13:25   |
| Taylor (Esso)                       |        | 15:35   | Mackenzie Junction                |        | 13:50   |
| Ft St John (Hospital)               | 15:50  |         | Prince George (UHNBC / KL)        | 15:50  |         |

\*\* Connects FROM Vancouver bus from previous day  
 \* Bus connects TO Vancouver departing following morning  
 >> If no passengers booked to go into Mackenzie Departure time from Junction is 12:40

| Mackenzie/Prince George     |        |         | Route 3MB                       |        |        |
|-----------------------------|--------|---------|---------------------------------|--------|--------|
| Departs Mackenzie Wednesday |        |         | Departs Prince George Wednesday |        |        |
|                             | Arrive | Depart  |                                 | Arrive | Depart |
| Mackenzie (Hospital)        |        | 8:00 am | Prince George (UHNBC)           |        | 16:30  |
| Mackenzie Junction          |        | 8:30    | McLeod Lake (Gen. Store)        | 18:25  |        |
| McLeod Lake (Gen. Store)    |        | 8:35    | Mackenzie Junction              | 18:30  |        |
| Prince George (UHNBC)       | 10:20  |         | Mackenzie (Hospital)            | 19:00  |        |

| Dawson Creek / Fort St John                         |        |        | Route 3E                              |        |        |
|---|--------|--------|---------------------------------------|--------|--------|
| Departs Dawson Creek Mon / Tues / Wed / Thurs / Fri |        |        | Departs Fort St. John Mon / Wed / Fri |        |        |
|   | Arrive | Depart |                                       | Arrive | Depart |
| Dawson Creek (Hospital)                             |        | 7:00   | Ft St John (Hospital)                 |        | 16:00  |
| Taylor Esso   | 7:45   |        | Taylor Esso                           | 16:15  |        |
| Ft St John (Hospital)                               | 8:00   |        | Dawson Creek (Hospital)               | 17:00  |        |

| Dawson Creek / Fort Nelson  |        |         | Route 4                       |        |        |
|-----------------------------|--------|---------|-------------------------------|--------|--------|
| Departs Fort Nelson Tuesday |        |         | Departs Dawson Creek Thursday |        |        |
|                             | Arrive | Depart  |                               | Arrive | Depart |
| Fort Nelson (Hospital)      |        | 8:00 am | Dawson Creek (Hospital)       |        | 8:00   |
| Ft St John (Hospital)       | 13:15  | 13:45   | Ft St John (Hospital)         | 9:00   | 13:00  |
| Dawson Creek (Hospital)     |        | 14:45   | Fort Nelson (Hospital)        | 18:00  |        |

| Valemount / Prince George  |        |         | Route 5A                      |        |        |
|----------------------------|--------|---------|-------------------------------|--------|--------|
| Departs Valemount Tuesday  |        |         | Departs Prince George Tuesday |        |        |
|                            | Arrive | Depart  |                               | Arrive | Depart |
| Valemount (Clinic)         |        | 7:00 am | Prince George (UHNBC / KL)    |        | 16:30  |
| Tete Jaune (Gas Station)   |        | 7:10    | Dome Creek (Diner)            | 17:20  |        |
| Small River (Rest Area)    |        | 7:15    | Crescent Spur (Loos St)       | 17:35  |        |
| Dunster (Hall Parking Lot) |        | 7:30    | McBride (Hospital)            | 18:10  | 7:15   |
| McBride (Hospital)         | 7:55   | 8:00    | Dunster (Hall Parking Lot)    | 18:45  |        |
| Crescent Spur (Loos St)    |        | 8:40    | Small River (Rest Area)       | 19:00  |        |
| Dome Creek (Diner)         |        | 8:55    | Tete Jaune (Gas Station)      | 19:05  |        |
| Prince George (UHNBC / KL) | 10:45  |         | Valemount (Clinic)            | 19:15  |        |

| McBride / Kamloops         |        |         | Route 5B                   |        |        |
|----------------------------|--------|---------|----------------------------|--------|--------|
| Departs McBride Thursday   |        |         | Departs Kamloops Thursday  |        |        |
|                            | Arrive | Depart  |                            | Arrive | Depart |
| McBride (Hospital)         |        | 5:45 am | Kamloops (Hospital)        |        | 16:00  |
| Dunster (Hall Parking Lot) |        | 6:05    | Vinsula (Mail Box)         | 16:35  |        |
| Small River (Rest Area)    |        | 6:15    | McLure (Fire Hall)         | 16:50  |        |
| Tete Juan (Gas Station)    |        | 6:30    | Barrier (Health Cent)      | 17:00  |        |
| Valemount (Clinic)         |        | 7:00    | Little Fort (Gen St)       | 17:20  | 17:30  |
| Blue River (Med Outpost)   | 8:10   | 8:20    | Black Pool                 | 17:40  |        |
| Avola (Gas Stn)            |        | 8:50    | Clearwater (HSPT)          | 17:50  |        |
| Vavenby (Gen Store)        |        | 9:10    | Vavenby (Gen Store)        | 18:10  |        |
| Clearwater (HSPT)          |        | 9:30    | Avola (Gas Stn)            | 18:45  |        |
| Black Pool                 |        | 9:40    | Blue River (Med Outpost)   | 18:10  | 18:20  |
| Little Fort (Gen St)       | 10:10  | 10:20   | Valemount (Clinic)         | 20:20  |        |
| Barrier (Health Cent)      |        | 10:35   | Tete Juan (Gas Station)    | 20:50  |        |
| McLure (Fire Hall)         |        | 10:50   | Small River (Rest Area)    | 21:05  |        |
| Vinsula (Mail Box)         |        | 11:00   | Dunster (Hall Parking Lot) | 21:15  |        |
| Kamloops (Hospital)        | 11:30  |         | McBride (Hospital)         | 21:20  |        |

| Burns Lake / Prince George |        |         | Route 6                       |        |        |
|----------------------------|--------|---------|-------------------------------|--------|--------|
| Departs Burns Lake Tuesday |        |         | Departs Prince George Tuesday |        |        |
|                            | Arrive | Depart  |                               | Arrive | Depart |
| Burns Lake (Town Pantry)   |        | 7:00 am | Prince George (UHNBC / KL)    |        | 16:30  |
| Fraser Lake (Clinic)       | 7:55   | 8:00    | Vanderhoof (Hospital)         | 17:45  | 17:50  |
| Fort Fraser (Petrocan)     |        | 8:15    | Fort Fraser (Petro can)       |        | 18:20  |
| Vanderhoof (Hospital)      | 8:45   | 8:50    | Fraser Lake (Clinic)          | 18:30  | 18:35  |
| Prince George (UHNBC/ KL)  | 10:15  |         | Burns Lake (Town Pantry)      | 19:30  |        |

| Burns Lake / Prince George Via Fort St. James |        |         | Route 6B                        |        |        |
|---|--------|---------|---------------------------------|--------|--------|
| Departs Burns Lake Wednesday                  |        |         | Departs Prince George Wednesday |        |        |
|   | Arrive | Depart  |                                 | Arrive | Depart |
| Burns Lake (Town Pantry)                      |        | 7:00 am | Prince George (UHNBC / KL)      |        | 16:30  |
| Fraser Lake (Clinic)                          | 7:55   | 8:00    | Vanderhoof (Hospital)           | 17:45  | 17:50  |
| Fort Fraser (Petro can)                       |        | 8:15    | Ft St James (Hospital)          | 18:40  | 18:45  |
| Ft St James (Hospital)                        | 9:30   | 9:35    | Fort Fraser (Petro can)         |        | 20:00  |
| Vanderhoof (Hospital)                         | 10:20  | 10:25   | Fraser Lake (Clinic)            | 20:15  | 20:20  |
| Prince George (UHNBC / KL)                    | 11:45  |         | Burns Lake (Town Pantry)        | 21:10  |        |

| Burns Lake / Terrace                           |        |         | Route 6D                                       |        |        |
|--|--------|---------|--|--------|--------|
| Departs Burns Lake Thursday                    |        |         | Departs Terrace Thursday                       |        |        |
|  | Arrive | Depart  |  | Arrive | Depart |
| Burns Lake (Town Pantry)                       |        | 6:30 am | Terrace (Hospital, Park Avenue Medical Centre) |        | 16:00  |
| Topley (Country Grill)                         |        |         | Kitwanga (Petro)                               | 17:00  |        |
| Houston (Health Centre)                        |        | 7:30    | Hazelton (Hospital)                            | 18:00  | 18:05  |
| Telkwa (Race Trac Gas)                         |        | 8:10    | Morrictown (Gas Bar)                           | 18:35  |        |
| Smithers (Hospital)                            | 8:30   | 8:35    | Smithers (Hospital)                            | 18:50  | 18:55  |
| Morrictown (Gas Bar)                           |        | 9:00    | Telkwa (Race Trac Gas)                         | 19:15  |        |
| Hazelton (Hospital)                            | 9:25   | 9:30    | Houston (Health Centre)                        | 20:00  |        |
| Kitwanga (Petro)                               |        | 10:00   | Topley (Country Grill)                         |        |        |
| Terrace (Hospital, Park Avenue Medical Centre) | 12:00  |         | Burns Lake (Town Pantry)                       | 21:00  |        |

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